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# Lac la Biche Herald

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Vol. 10, No. 5 — EDMONTON, ALBERTA, WEDNESDAY, JAN. 30, 1957 — Section One—8 Pages

THESE PICTURES show Mayor Steve Hamar as he pressed the switch, that the two new pumps, just installed for Lac la Biche water sytem, could begin operating. Total expenditure involved is approximately $6,000, which includes a new steel filter as well as a low lift pump with capacity of 150 USGPM and a high-lift pump with the same capacity. Work has been under supervision of Associated Engineering Services Ltd., with L. Cymbalisty in charge. Contractors were the Alta. Bend Ltd., of Edmonton with Otto Maass in charge of the crew. In the picture on the left are Hervey Marchildon, town foreman; Mayor Hamar; L. Cymbalisty, engineer and F. D. Creighton, town secretary-treasurer. In the picture on the right, the additional man is Otto Maass.

## Home And School Association Formed, Addressed By Member Executive

At a well-attended meeting in the Dr. Swift school on Friday night a crowd of over 80 people voted to form a Home and School Association.

The meeting was addressed by Mrs. Newcombe of Clyde, a member of the executive of the Alberta Home and School Associations. Mrs. Meardi of Hylo also spoke on the subject of Home and School. Other speakers included his worship, Mayor Steven Hamar, and Principal Floyd Macmillan.

Eighty of those in attendance signified their will to join the organization and at an election of officers, Harry Lobay was elected president; Ernest Shanks, vice-president; Mrs. John Booker, secretary, and the Rev. R. S. H. Greene, treasurer. These officers were then inducted by Mrs. Newcombe.

The meeting also elected a program committee, which in turn elected Mrs. Eileen Uganetz as convener. Program committee members include Mrs. Wilbert Coast, Mrs. R. S. H. Greene, Mrs. Lionel Vincent, Mrs. M. Maskalyk, Rod Cherkas, Hervey Marchildon.

The association will meet on the last Friday of every month at 8 p.m. in the Dr. Swift school. Official name of the body will be the Lac la Biche Home and School Association.

## 4 Rink Paticipate In Legion Playoffs

The Canadian Legion playoffs for Zone 5, under the direction of Zone Commander, Johnny Walker, were held at the Lac la Biche Curling Rink, Wednesday, Jan. 24. Rinks participating were as follows:

Athabasca — Skip, Tony Schinkinger; third, Vince Preece; second, Gordon Smith; lead, J. Schinkinger; spare, Glen Ofment.

Boyle — Skip, John Nowalsky; third, Ralph Griffith; second, Harry Dunsby; lead, Henry Whitton.

Smith — Skip, Glen Peterson; third, Peter Hotch; second, John Lee; lead, Gordon Conrad; spare, George Brown.

Lac la Biche — Skip, J. Stewart; third, Fred Harman; second, Marshall Hamar; lead, L. Badry; spare, Sid Lore.

The contest was in the form of a Round Robin with the final game between Lac la Biche and Athabasca being won by Lac la Biche. In all, Lac la Biche won three games; Athabasca won two and lost one; Boyle won one and lost two, and Smith lost three games.

The winners and runners-up will proceed in the near future to a central Alberta town, probably Red Deer, for the provincial playoffs, to be held March 3, 4, 5 and 6, from where, if they are successful, they will go on to Winnipeg for the Dominion Legion Championship.

After the games, a delicious supper for the curlers was provided at the Legion Cottage, followed by a social evening.

## Council Authorizes Land Survey

LAC LA BICHE — Town council met Jan. 22 for their regular meeting with Councillors McMillan, Raines and Tkachuk present, as well as Mayor Hamar and Secretary Creighton.

The secretary was asked to contact a land surveyor in order that some survey work which has been pending for some time, may be attended to.

A letter was read from a property owner asking for Certificate of Title to property purchased from the town some time ago. Certain conditions were to be fulfilled before title would be given, and it appeared that these conditions had now been met. The secretary was asked to take steps to secure the titles for the owner.

A letter was read from Alberta Civil Defence Headquarters, urging the town to send a candidate to a Civil Defence Welfare Course to be conducted in Edmonton in February. The secretary was asked to endeavor to find a suitable person, who would be interested in taking this training.

Because there were insufficient councillors present to form a quorum on the date for the last regular meeting, an unusually large number of accounts were presented for payment at this meeting.

## Town Engineer To Attend Short Course

LAC LA BICHE — At the last Council meeting it was decided that the town would send its engineer to a short course for operators of water and sewage systems.

This will be the second in a series of three such courses offered by the Sanitary Engineering Division of the Department of Health. Mr. Marchildon attended the first course in 1955, and will now be taking continued studies in mathematics, chemistry, bacteriology, limnology, water treatment plant operation, sewer treatment plant operation, as well as operation and maintenance of the water distribution system and sewer mains.

There are no tuition fees to be paid for this course. The Council was unanimous in its decision to have Mr. Marchildon attend for the second time, when the school is held in Edmonton from Feb. 18 to 20, inclusive.

## Redwings Win First Game And Leafs Take Over Lead

Two unexpected upsets took place last week in the Lac la Biche Boys' Hockey League. After tying Leafs 1-1 on Wednesday, the rejuvenated Red Wings led by Captain Jimmy Stewart upset the league leading Bruins 2-1. It was Bruins' first loss of the season and one which knocked them out of first place. Bruins were weakened by the loss of ace forward, Orville Franchuk, the league's leading goal-getter, who has been sidelined with a leg injury caused by a skate in Saturday's hockey action. Since Franchuk's departure Bruins have dropped two straight and Jimmy McCormick's Leafs have taken over top spot.

To clinch their hold on first place Leafs downed Bruins in a closely fought battle by a 1-0 score. Canadiens had to go overtime as they defeated Red Wings 2-1. The winning goal was scored by team captain Arnold Michetti. All games were refereed by Victor Michetti.

## Three Cases Heard In Police Court

In the absence of Magistrate Franchuk, who was holding travelling court in northern points last week, Magistrate Pearce, of Athabasca, was called to Lac la Biche on Thursday to hear a case involving juveniles.

Thomas McLellan, of Edmonton, pleaded not guilty to a charge of permitting a minor to consume liquor. The case was to be further dealt with at Athabasca on Jan. 26.

Lloyd Albert Porter, of Chilliwack, was found guilty on a similar charge and was fined $50 and costs.

A local girl of 20 was charged under the Juvenile Delinquents Act for contributing to juvenile delinquency, and was released on a $100 bond and given a year's suspended sentence.

## Curling News

LAC LA BICHE — A ladies' rink from Athabasca, skipped by Mrs. Lewis; third, Jean Laporte; second, Ora Young; lead, Celia Walker; played the Lac la Biche ladies — skip, Mrs. McCullough; third, Mrs. Proctor; second, Mrs. McMillan; lead, Mrs. Harman. The game was won by the Lac la Biche ladies.

## Four Vacancies On Council

At last Tuesday's council meeting a letter was read from Mike Perron, resigning his position on the council. With the terms of Mayor Steve Hamar, and councillors Ray Raines and Mike Maccagno due to terminate in March, Mr. Perron's resignation will make four vacancies to be filled when electors go to the polls on March 4.

At last year's election, only two council seats were vacant, so this year should see more interest manifested in the town's administration than has been in evidence for several years.

Nominations will be received at the town office on a date in February, to be announced later. Secretary F. Creighton has been appointed returning officer.

## New Executive Plans Activities

The newly elected executive of the Lac la Biche Students' Union for the spring term commenced their duties on January 25. Officers are as follows: president, Carl Lukasik; vice-president, Russell Giblak; secretary, Marilyn McMillan; treasurer, Paul Ponich; social convener, Carol Stewart; boys' sports convener, Gordon Rayment; girls' sports convener, Ida Langevin.

All energies of the new executive and the student body as a whole are now directed toward making a success of the annual Mardi Gras and Ice Carnival, which this year is being held jointly with the Lions Club on Feb. 14. This promises to be a gala day, with hockey games, races for all ages, the crowning of the queen, games and novelties, and a big dance at the Memorial Hall.

In the race for queen, are Colette Langevin, sponsored by the Students' Union; Sally Onefruw, for the Boys' Hockey Club, and Elaine Lobay for the Greek Orthodox Ladies.

## Ladies Form Legion Auxiliary

LAC LA BICHE — Some 13 ladies met in the Legion Club Room Thursday evening following the bonspiel to form a Ladies' Auxiliary to the Canadian Legion. Zone Commander of the Ladies' Auxiliary, Mrs. Noddings of Athabasca, addressed the ladies.

Mrs. Jack Williams, acting as chairman, was appointed to call a meeting in the near future to elect officers for the proposed organization.

## Lac la Biche Mission

Mrs. Arthur Lavallee, Owl River, visited her sister, Mrs. G. Ladouceur.

The fishermen have returned from Pinehurst Lake, where they worked for a catch to feed the ranch-raised mink. They are now at Lac la Biche lake hauling in whitefish to be sent to Chicago and New York.

Fred Smith, Plamondon, was here recently on business, as were Andre Uliac and Mr. Gauthier of Gourin.

Mr. Bellerose of Craigend visited his brother, James and family here.

Mr. Murphy of British Columbia visited relatives, Mr. and Mrs. Ladouceur, here.

## Fire Razes Bluda Home

GRASSLAND — Fire destroyed the farm home of Mr. and Mrs. John Bluda, north of Grassland, Jan. 22.

Mrs. Bluda and two children, in bed at the time, were able to escape from the house. Mrs. Bluda pulled them more than a mile in a wash tub to the home of the nearest neighbor, Mr. and Mrs. Mike Dutchak. The temperature was about 20 degrees below zero at the time.

Practically all furniture and clothing were lost. No insurance was carried.

## Owl River

Andy Thompson was in St. Catherine's Hospital, Lac la Biche, during the week of Jan. 18.

Mrs. D. Sykes of school No. 1 here was ill recently.

The community extends sympathy to Mr. and Mrs. Arthur Mihalcheon and their eldest daughter, Mary on the death of Mary's husband, R. Cadieux. He was killed in an accident south of here. Burial was in Lac la Biche Cemetery.

## Recovers From Eye Injury

WILLOW RIDGE—Bob Kostiu is reported recovering from the eye injury he suffered recently from nitric acid crystals.

Kostiu was loading barrels of nitric acid at his place of employment in Edmonton when some acid crystals fell into his eyes.

He received several days of hospital treatment.

Look before you leap and then, don't leap.

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# LAC LA BICHE HERALD

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Local Editor

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Blue Jay—Miss Elma Ilnicki
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Normandeau—H. Durocher
Old Trail—Mrs. W. Sawchuk
Owl River—Mrs. Gladys Diesel
Plamondon—Miss Rena Plamondon
Rich Lake—Mrs. R. C. Kampula
Sarrail—Sophie Hewko
Spruce Valley—Mrs. Anne Kanarek
Spruce Valley—Miss E. Kolowsk
Wabbs—Miss Lorina Lefebvre


## Bayview

Nick Klibun has returned home after hospitalization at St. Catherine's Hospital, Lac la Biche.

G. Repetowski, Grande Prairie, recently visited her sister, Mrs. Pauline Mischuk.

Arthur Narin Jr., now in San Antonio, Tex., has signed for four years training in the United States Air Force.

Mr. and Mrs. M. Barranoik and Mr. and Mrs. Clem Mischuk visited Mr. and Mrs. S. Mischuk recently.

## Sarrail

A number of persons attended the HSA meeting in Grassland recently.

Mrs. Anna Hewko is recovering from an illness.

The Nibolyn family now have Calgary power in their home.

M.D. ATHABASCA

# Three Councillors To Seek Re-Nomination At Annual Meeting

*By HENRY THOMPSON*

MEANOOK — Three sitting councillors are up for election this year. Their acclamation or re-election will be an endorsation of past work and future trust in their ability to carry out your wishes in handling municipal business.

Mr. Lynk of division 3 is deputy reeve and also serves on the School Board and is a member of the drainage organization. Mr. Lynk is a farmer with the interests of the farmer his most important duty. A double election will test his popularity. He is a determined man, honestly trying to do the best job possible.

Mr. Breckenridge, reeve, a successful farmer, with heavy investments in land and farm equipment, can be trusted to keep down taxes to the lowest possible level consistent with good business practises. The reeve on a council has a responsible position in the council and as such must receive credit for the improved financial condition as reported by the Provincial government inspector's report last December.

Conversely, the reeve always faces more adverse opinions or criticism from the ratepayers than is compatible with his position as a single member of a seven-man council. The reeve is the executive officer who with the secretary carries out majority decisions of the council as a body. Odd man in the council, it makes an "even-steven" deadlock impossible. Mr. Breckenridge never forces his authority but commands the respect of his council by his ability to summarize discussions and suggest ideas, that are usually acceptable to the council as a whole.

Having attended a number of municipal meetings for the Athabasca Advance, I have had ample opportunity to examine the attributes and judgment required to handle enormous and intricate business, necessary in the handling of municipal affairs. In comparison to other councils I find considerable merit in your choice of men.

Mr. Botten from the Boyle area, is a farmer actively engaged in production from land. He has been associated with the Co-op organization and farmers movement in his district for a number of years. He homesteaded his quarter here and added to his holding since.

Mr. Botten is conscientious in his duties on the council and uses common sense in his decisions in matters pertaining to session business.

The issues in this election are clear-cut matters of financial stability, the personal views of your councillors are expressed before the election for or against the further expenditure of large sums of money, called for in the agenda for the building programs both for school purposes and the new office proposal, will be reflected in your vote.

The ratepayers only opportunity of expressing opinions will be at the annual meeting on Feb. 16, at the Athabasca Hall or at the polls in three of the divisions. The Town of Athabasca have no say in your municipal business as they are a separate municipal body.

There can be no question as to the integrity and ability of any member on the council, and the fact that they as a body have in no way blocked the publicity of their actions in both Athabasca papers is ample proof of the honesty of their endeavors on your behalf.

At the annual meeting, it is proposed to accept the public's views on matters that are controversial subjects for debate. Your council has been guided by previous meetings and at this meeting will again leave the onus of responsibility for decision with the ratepayers.

An annual meeting is now no longer fully representative of the area covered by a municipal district. The distances are so great that it is now nearly impossible to secure a fair attendance that represents the whole area. It is a well-known fact that not more than twenty percent of the ratepayers ever attend a meeting. The twenty percent usually represent a small radius from the immediate vicinity of the place of meeting.

The only feasible method to establish proper representation, would be some system by which each individual area or polling place would send a certain number of accredited delegates, who would be chosen in open ratepayers local meetings with written resolutions on all serious questions. There is little time under present conditions of annual meetings to take up other business but the reading and study of the financial report. Few people can get any meat from an auditor's report, without heavy concentrated study of its contents previous to the meeting. I consider the reading of the financial report at a ratepayers' meeting a waste of time, considering the value received by the average ratepayer. A financial statement and its important contents ought to be handled by your individual divisional councillor at special meetings called in some central place within each division. This would be a breakdown of the present centralization trend, which leaves a ratepayer inarticulate and helpless in an overall understanding of municipal and school business that now cover huge areas.

De-centralization in the organization and preparation for annual meetings would give the ratepayer a personal interest and voice in municipal affairs, that would reflect advantageously to curb demands for more services, and I am sure help enormously in the collection of taxes. The ratepayer would have a broader concept of municipal problems and the councilman would be in a better position to assess the overall wishes of the people in the whole municipality. Under present circumstances, a councillor can be voted out of office by any unpopular issue, regardless of his personal integrity, capability or experience and be replaced by some untrained new man, who must of necessity start learning the business from A to Z.

## Spruce Valley

The Calgary power was turned on in this district on Saturday afternoon.

Elsie Koltowski attended a surprise birthday party for Willy Sadownik at his home at Grassland on Friday, Jan. 18.

Peter Koltowsky, who is employed in Edmonton, spent the Jan. 19 weekend with his wife and family here.

The district grades 10 and 11 students had a holiday on Friday, when their teachers attended a meeting at Athabasca.


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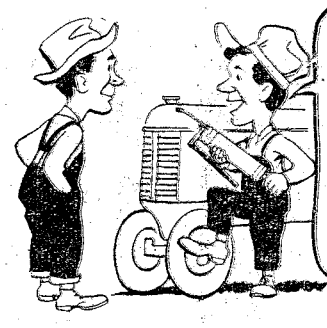
CHAS. LEBAS
Says . . .
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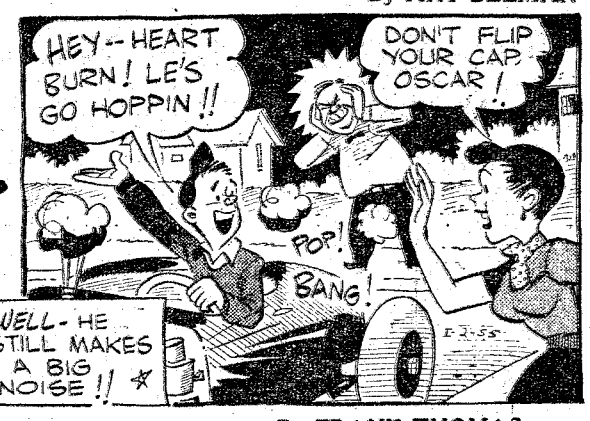
# Our Weekly Page of Features

THOSE WERE THE DAYS

THOSE WERE THE DAYS-
by Art BEEMAN
Released by Smith Service Demarest, N. J.
YOU WROTE ME 5 LETTERS, BUT I STILL DON'T UNDERSTAND---
WELL--OH GOSH, I'D LIKE TO TAKE YOU TO A MATINEE SOME TIME!
JUNIOR USED TO MAKE A BIG FUSS EVERY TIME HE ASKED FOR A DATE-

By ART BEEMAN

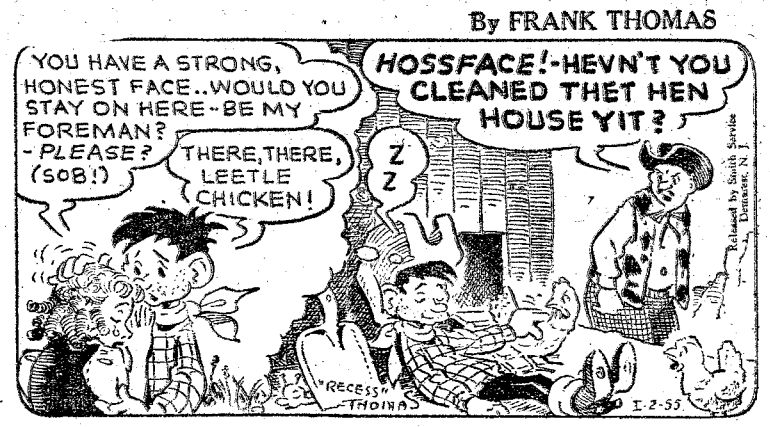



DEEMS

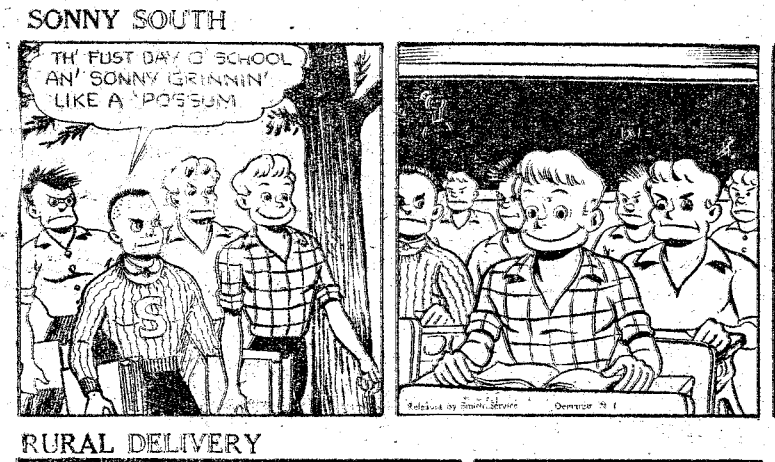
HOSSFACE HANK

HOWDY, MA'AM! -MAY I WATER MY HOSS?
HELP YOURSELF, STRANGER!
YER RANCH SEEMS A MITE RUN DOWN, MA'AM!
I'M ALL ALONE HERE SINCE DAD DIED (SNIFF)-MOST ALL MY STOCK'S BEEN RUSTLED BY THE SMITH GANG!
Reg. U.S. Pat. Off.

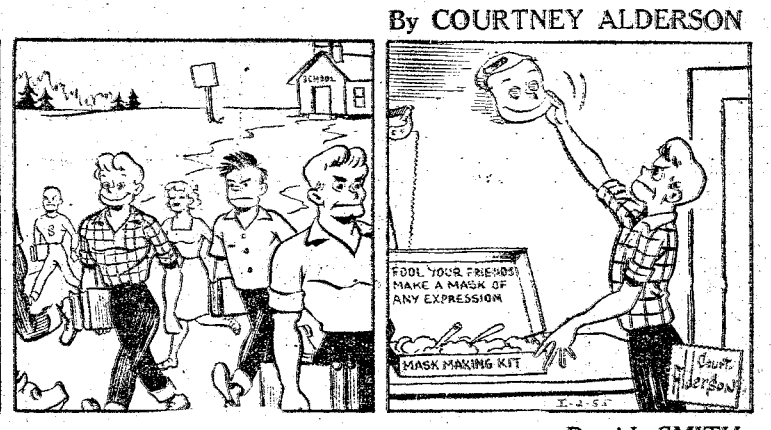
By FRANK THOMAS


YOU HAVE A STRONG, HONEST FACE..WOULD YOU STAY ON HERE-BE MY FOREMAN? -PLEASE? (SOB!)
THERE, THERE, LEETLE CHICKEN!
HOSSFACE!-HEVN'T YOU CLEANED THET HEN HOUSE YIT?
Z Z Z
"RECESS" THOMAS
I-2-55
Released by Smith Service Demarest, N. J.

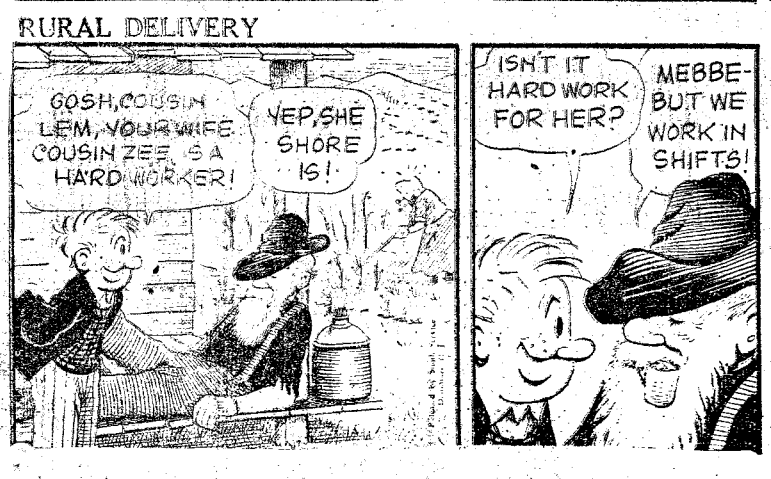
SONNY SOUTH



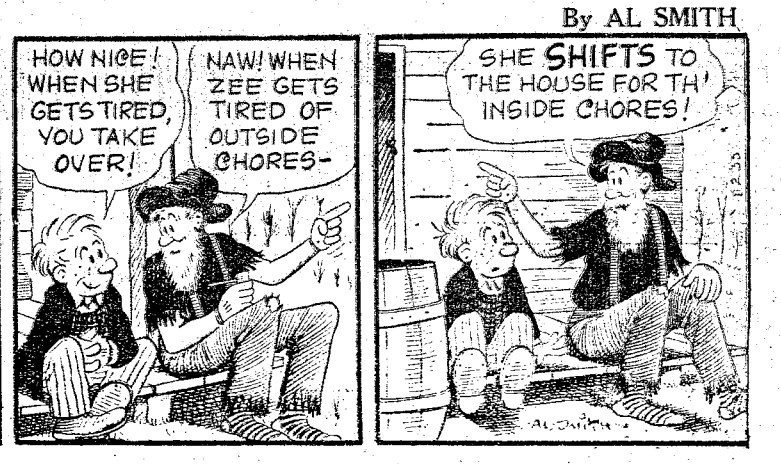

By COURTNEY ALDERSON



RURAL DELIVERY



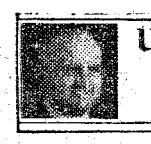

By AL SMITH


HOW NICE! WHEN SHE GETS TIRED, YOU TAKE OVER!
NAW! WHEN ZEE GETS TIRED OF OUTSIDE CHORES-
SHE SHIFTS TO THE HOUSE FOR TH' INSIDE CHORES!
AL SMITH
8-13-55

By TOM OKA

NOTHING BUT THE TRUTH by Russ Arnold

HOW MANY?
The STRAWBERRY is not a BERRY- but a BANANA is!!
The numbers of HAIRS on a WOMAN'S HEAD will vary from 90,000 for a RED HEAD to 140,000 for a BLONDE!!
Released by Smith Service Demarest, N. J.
I-2-55



## Uncle CHARLEY'S "Epigrins"

Ever notice that most fellers who know how t' make money also know how t' keep it?

* * *

We often wonder what monkeysthink of people?

* * *

Ain't it a grand feelin' to wake up in the mornin' and find it's payday?

* * *

When a feller has muscles, brains and character he's got something.

* * *

There's no place as easy to sleep in as in church.

* * *

With inflation as it is, tellin' a gal that she looks like a million don't mean much.

* * *

* * *

Some gals git circles under their eyes a tryin' to git a ring on their finger.

* * *

The housin' shortage ain't no laughin' matter but it makes a lot of people double up.

* * *

Tubby Tyler's wife says that when Tubby tries to dress cool he don't look so hot.

* * *

—REV. CHARLEY GRANT.

I-2-55

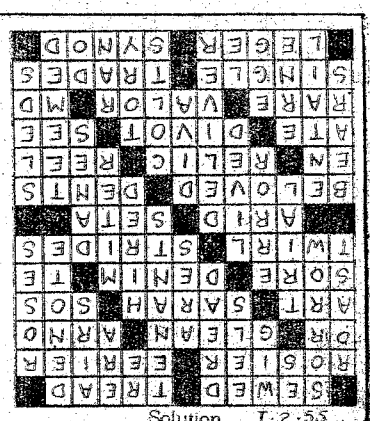
## Crossword

ACROSS

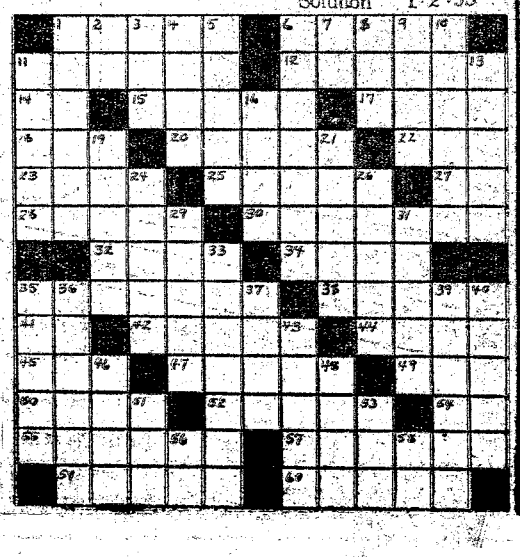
1. Stitched
6. Walk on
11. Brighter
12. More weird
14. Else
15. Gather
17. Italian river
18. Craft
20. Abraham's wife
22. Distress signal
23. Painful
25. Cotton material
27. Musical note
28. Spin
30. Measured steps
32. Dry
34. Bristle
35. Dear one
38. Impressions
41. Half an em
42. Keepsake
44. Spool
45. Devoured
47. Clump of turf
49. Look at
50. Uncommon
52. Bravery
54. Doctor's degree
55. One
57. Barters
59. Fine line
60. Ecclesiastical council

DOWN

1. Grief
2. Plural ending
3. Toupee
4. Lampreys
5. Fear
6. Lessees
7. Concerning
8. Period of time
9. Ventilates
10. Signify
11. Cook in oven
13. Summer flowers
16. God of war
19. Test
21. Emulgent
24. Mistake
26. Pope's headdress
29. Dwelled
31. Natives of Denmark
33. Release
35. Endures
36. Fix upon a successor
37. Opera singer
39. Abounded
40. Winter vehicles
43. Young horses
46. Sea eagle
48. English political party
51. Ovum
53. Sped
56. French article
58. Perform



Solution I-2-55



# DISTRICT AGRICULTURAL NOTES

*By J. S. LORE*

TO REDUCE BARLEY LOSS—Barley diseases cause poor yields and low grades, but there are two simple practices that could do much to reduce these losses. One is to follow the barley crop with oats or a legume, and the other is to plow occasionally. Cropping to barley year after year builds up diseases of both leaf and root, says Dr. L. E. Tyner, head of the Science Service Laboratory of Plant Pathology in Edmonton. These diseases live in the soil and carry over in the barley stubble and trash.

Oats and legumes are not attacked by the fungi that cause rootrot and leaf diseases of barley, so where these crops are grown the barley fungi starve. Occasional plowing, since it removes the disease infested stubble from the surface, prevents splashing rain or driving wind from spreading the spores to the young crop seedlings. The ideal would be to combine the two practices, says Dr. Tyner, plow after the barley and follow with a non-susceptible crop.

One last word — the same fungus that causes root-rot of barley causes root-rot of wheat, so it is useless to follow barley with wheat in an attempt to control the disease. Oats and legumes are immune to this barley root-rot, but wheat after barley will intensify rather than relieve the condition.

BOVINE MASTITIS — Medical agents alone can never prevent nor control mastitis, says Dr. J. G. O'Donoghue, Extension Veterinarian, Alberta Department of Agriculture. It has always been necessary to practice rapid, sanitary milking procedures and good udder care management to help lessen the spread of the disease from cow and to prevent udder irritation.

The drugs and antibiotics now available are highly effective against mastitis caused by streptococci. Indeed, these products have reduced the general incidence of this type of mastitis but at the same time, Staphlycoccus mastitis has increased. The antibiotics are only partially effective against staphlycocci and herd control measures are as important as ever.

In the winter months in Alberta, chilling of the udder is a common source of trouble. Care should be taken to provide adequate bedding and to watch that cows stanchioned next to the barn doors are not in a direct draught or chilling wind.

While there will always be sudden, acute cases of mastitis, usually resulting from udder injury, the incidence of the disease in a herd can be kept low by good management. It is always best to control mastitis on a herd basis, says Dr. O'Donoghue.

Consult your veterinarian or write to the Veterinary Services or Dairy Branch, Alberta Department of Agriculture, Edmonton.

## Caslan

Mrs. W. Giblak has been in Saskatchewan visiting relatives.

Pat Gordon came from Sundre, where he has been working and spent a few days at the home of his parents.

The Caslan annual school meeting was held on Jan. 19. John Palylyk and Walter Wolansky were elected trustees. Harry Wolansky is the other member on the board.

George Cherniwchan of Warspite has been in the district trucking grain for some of the farmers.

The Ladies' Ukrainian Greek Orthodox Club sponsored a bingo party at the Caslan School on Jan. 19. The large crowd spent an enjoyable evening and many took home prizes. Otto Psau of Frains was the winner of the raffle of an ornamental clock. The ladies served lunch.

## Grassland

Many Grassland women attended the surprise party honoring Mrs. Mike Sworin's birthday last week.

Doris Rudman spent a week-end in Jasper Place, visiting relatives.

Mary Sawchyn visited her parents recently

Mike and Bill Sworin made a business trip to Lac la Biche.

Olga Holdis was in Edmonton recently on business.

Willie Leske of Calgary Power was a week-end visitor at the Semenchuk home.

A buffet supper, followed by dancing, was held to celebrate the 17th birthday of Willie Sadownik, last Friday. A presentation from the guests amounted to $23.00.

Several farms have now been connected with Calgary Power.

## Hylo

Mr. Jessie Michetti took her baby to the Lac la Biche Hospital last week. Another patient there has been Mrs. Alex Lozenski.

Mrs. Oliver Pivin is preparing to join her husband, who is now working in the bush.

Mr. and Mrs. Gordon McEachern made a business trip to Mercoal last week.

## Lac la Biche

According to word received recently by her family, Mrs. Jack Wolstenholme, who left Dec. 27 on a three months' holiday trip to Australia and New Zealand, arrived safely at Dandenong, New Zealand, where she is at present visiting her sister, whom she has not seen for 30 years. Mrs. Wolstenholme wrote that her voyage across the Pacific was a most enjoyable one.

Mrs. Peter McLea and children of Alix, are visiting with Mrs. McLea's father, Jack Wolstenholme.

## Spruce Valley

Congratulations to Mr. and Mrs. John Sitar who are proud parents of a baby girl, born on Dec. 22 in the Lac la Biche Hospital.

Peter Wolak, who received severe burns to his legs, was transferred from the Lac la Biche Hospital to the Misericordia Hospital in Edmonton.

Peter Koltowski, who is making completions in his new home at Edmonton, was home for the Jan. 13 week-end.

Karl Zilinski, who is away at a lumber camp, was home for Jan. 5 week-end. When home, he made a business trip to Edmonton. Karl and his wife have returned to camp.

The school bus route has been extended one more mile. The school bus goes up to Peter Wolak's now.

Nick Zilinski took his family to Athabasca on Wednesday, Jan. 16, for dental care.

Sylvia Koltowski has been confined to bed for a few days.

Louis Zilinski, who has been away at Edmonton, was home for the Jan. 12 week-end. He returned to Edmonton on Monday with Peter Koltowski.

After holidaying with his family and friends here, Mike Kochan returned to Fort Smith on Tuesday.

Mr. and Mrs. Dan Gawalko, Mr. and Mrs. Stan Kanarek, Elsie Koltowski and Nick Zilinski were present at the Grassland HSA meeting at Grassland, Jan. 16.

An average crowd was present at Wheat Pool meeting on Wednesday, Jan. 16, in the district hall. An interesting film was shown.

Victoria Bizon was a recent guest at the Stan Kanarek home.

## It's a Girl!

It's a girl for Mr. and Mrs. Louis Tardif. She was born Jan. 11.

The modern puzzle is how the old folks managed to raise their children without about a dozen books on child care.

## Birny

Hector Menard is now employed by L. Steed of Blue Jay.

Ulric Menard drove to Edmonton on business last week.

Mr. and Mrs. Rene Menard were week-end visitors at the home of Mr. and Mrs. Narcisse Menard.

District farmers are now felling trees that the wire for Calgary Power may be put through.

### Dead Line

"These flowers," said the hotel guest as he presented the bouquet to the manager, "are for the girls on your switchboard."

"Ah, how charming," replied the manager, "this is a compliment to our service, no doubt?"

'Compliment, nuts!" snapped the guest. "I thought they were dead!"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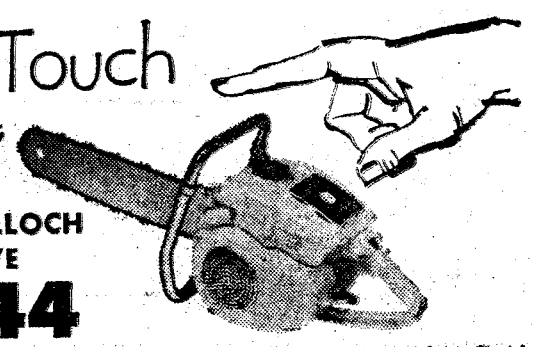
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# THE Homemaker

By Doris Montalbetti

"Good health is born of the earth, the sun and the cooking pot" — an old French proverb which aptly introduces my subject —"Health." Next week, Feb. 3-9, has been declared National Health Week. The health of the nation is the wealth of the nation, and it's largely up to you and that means *you*. Not your neighbor or the doctors, nurses, teachers and nutritionists. True, health is a national problem but is is still the individual concern. As individuals who make up the nation, it is evident that we don't take care of ourselves. Here are some facts to prove it.

Canada ranks third among the world nations in trade but 11th in infant mortality. Four hundred thousand babies are born each year in Canada and of these 10,00 are born with no medical assistance. In the first year of life 13,841 babies die. Of these 8,348 die in the first four weeks of life.

Take alcoholism — an alcoholic runs three times the normal risk of death. There was a rise of 250% in the rate of first admissions to Canadian mental hospitals for alcoholism with and without psychosis between 1945-53.

More children between 5-14 years die by accidents than by all nine principal diseases combined. Main causes of death by accident in these ages are: motor vehicles, drowning, fire, explosions, poisoning and falls.

Last year Canadian lost 173,793 years of working days through illnesses which might have been prevented. This loss represents over 500 million dollars. Add to this the millions spent on social welfare and we have a staggering pile of money.

Whatever way you look at it Canadians must be awakened to the knowledge that health is important and that they can do something about it. Give us much thought, time and study as you can to the health problems during this week and resolve to do your share to the betterment of National Health.

## Death Toll

The year 1956 brought an all-time high record for the number of fatal traffic accidents in Alberta. There were 257 persons killed. In 1955, the total was 209 killed. Because of a strong warning campaign there were fewer deaths in December than might have been the case without the safety campaign.

you have to depend on in case of FIRE?

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## Early Settler Honored On 80th Birthday

FREEDOM — A birthday party was held in Nestow Community Hall on Sunday, Jan. 13, for Mrs. Fred Meyer, Sr. on the occasion of her 80th birthday. An old-timer, having pioneered in the Clyde district when it was largely bush, Mrs. Meyer came from Frazee, Minn., in April 1903, to Strathcona by rail.

The balance of the trip was made in wagons piled high with settlers' effects and provisions. After nearly a week on the trail, they arrived at the homestead they had filed on at Clyde. For the balance of the summer and fall they lived in a tent. Before winter set in, a log shack was built, which became their home for a year or two, when a log house was erected.

In 1930, Mrs. Meyer again pioneered; this time in the Wandering River district, where she lived until 1947, when she moved to Freedom.

Relatives came from far and near to honor Mrs. Meyer. There were 78 present; 25 grandchildren and 29 grandchildren.

Speeches honoring Mrs. Meyer were given by two nephews, Dale Meyer of Edmonton and Donald Donnelly of Freedom, and son-in-law, Charlie Spackman of Nestow.

The toast was proposed by her youngest son, Dick Meyer of Barrhead.

Mrs. Julia Spackman and Mrs. Anna Donnelly, daughters of Mrs. Meyer, convened the party.

## Venice

Mr. and Mrs. Joe Bosse from Plamondon spent a week with their daughter, Mrs. Fred Fornari recently.

Romeo Giacobbo is home after being employed in Edmonton the past three months.

Lorenzo Giacobbo and Edmond Lefebvre attended their first meeting of the Lac la Biche Sea Cadets.

Mrs. C. Zevola from Edmonton spent the weekend with her son and daughter-in-law, Mr. and Mrs. Vincent Zevola.

Cecile Fornari is a patient in the St. Catherine's Hospital.

Mike Kuchar and daughter Mary made a trip to Edmonton last week.

## Hospital News

Patients admitted to St. Catherine's Hospital Jan. 18 - 24 inclusive, were as follows. Mrs. Daniel Bosse, Plamondon; Edward Plamond, Plamondon; Angela Plamondon, Lac la Biche; Barry Breau, L.L.B.; Florence Lameman, Normandeau; Marie Marthe Bourque, Mission; Mrs. Alice Bourque, L.L.B.; Cecile Fornari, Venice; Linda Cardinal, Owl River; Jimmy Boucher, Noral; Edgar Plamondon, Plamondon; Mrs. Fevronia Bakay, Venice; Sr. Mary St. Wenceslas, Mission; Sr. Marie Ludger, Plamondon; Alan Michetti, Hylo; Peter Trefanenko, Plamondon; Ernest Mountain, Barnegat; Henriette Proulx, Wandering River; Real Hamelin, Imperial Mills; Jake Hayduk, Lac la Biche; Peter Rozak, L.L.B.; Vera Smith, Amesbury; Mrs. Luc Dionne, L.L.B.; Jule Gaudet, Plamondon; Lise Gaudet, Plamondon; Debra Ladouceur, L.L.B.; Glen Tremblay, L.L.B.; Mrs. Albert LeRouzie, Atmore; Mrs. René Proulx, Wandering River; Mrs. Paul Parranto, Mission; Barry Bobocel, L.L.B.; Mrs. Frank Ferro, Venice; Martha Sawchuk, Hylo; Mrs. Amedeie St. Jean, L.L.B.; Mrs. Alex Lozinski, Hylo; Marilyn Gauthier, Plamondon; Florence Deschambeau, Big Bay; Jack Pruden, Imperial Mills; Mrs. Steve Hamar, L.L.B.; Ronald Bourque, Imperial Mills; Mrs. Archie Veillette, L.L.B.; Gerry Ungarian, L.L.B.; Daniel Gauthier, Donatville; Mrs. Joseph Chomik, Hylo; Judy Merkle, Imperial Mills.

Births recorded were: Mr. and Mrs. Webel, Owl River, boy, Jan. 18; Mr. and Mrs. Lawrence Dominique, Imperial Mills, boy, Jan. 20.


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## Rich Lake

The Students' Union held a successful dance on Jan. 18 for the purpose of paying for a ditto machine for the school. Turgeon orchestra supplied the music.

Mrs. Fiina Kumpula went to Edmonton on Monday for a dental appointment. Enroute she spent a day with her son, Walter and family at Grassland.

John Waine went to Edmonton for a medical check-up. Fritz Makie drove the school bus for him in his absence.

## Blue Jay

A party honored the 42nd birthday of Mrs. Mary Ilnicki recently.

Helen Rogalski is staying at the Mike Ilnicki home while her mother, Mrs. John Rogalski is in the Royal Alexandra Hospital, Edmonton, receiving treatment for a broken foot. Mrs. Rogalski is another victim of icy walking conditions.

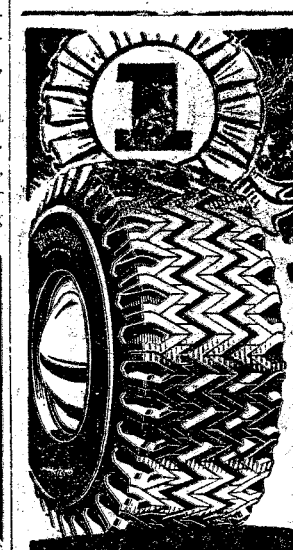
George Dowhaluk celebrated his birthday with relatives and friends on Jan. 19.

Walter "Shorty" Ilnicki, employed near Edmonton, visited his parents, Mr. and Mrs. Stanley Ilnicki, recently.

Mr. and Mrs. Walter Fedrick and Alex Kaczar made a business trip to Lac la Biche.

Walter Gregus has left to seek employment.

Mr. and Mrs. Pete Tomaschuk of Plamondon visited the Mike Ilnicki home recently.

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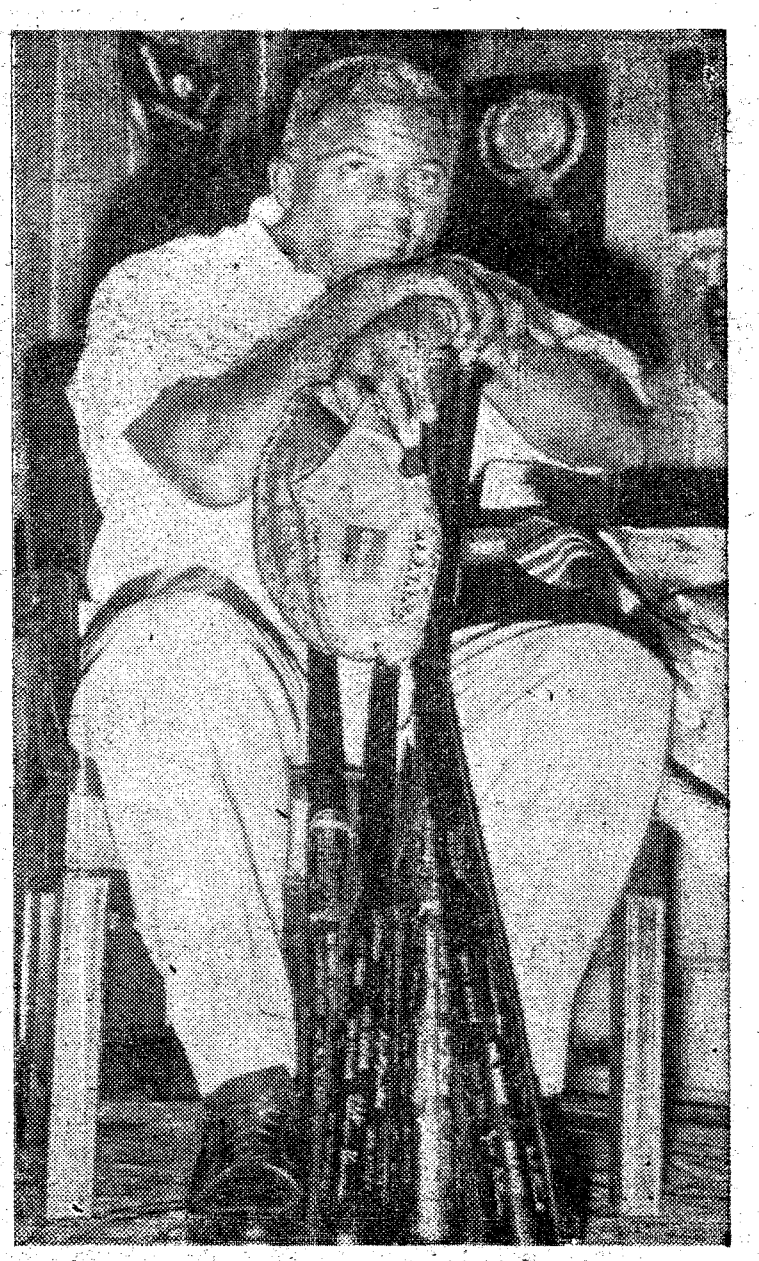
# SUNPIX SHOW MEN AND MONKEY TRICKS

SHE CLINGS TO HER "CATCH" — Susan Oden, 11, of Houston, Tex., hugs her father, Virgil, 48, following a fishing trip which nearly ended in tragedy. A passing boat pitched her father and her uncle, Harold, 46, overboard, but Susan managed to stay aboard. She turned the boat around and headed for the men. Harold grabbed the side, slowing the craft down and helped Virgil get over the side. Then Susan and her dad brought Harold over the side.

APPOINTED MANAGER — D. B. Wallace, who was born in Halifax, N.S., and graduated in Arts from Acadia University, Wolfville, N.S., has been appointed manager of the Canadian Pacific Railway's department of public relations. Mr. Wallace has been assistant manager of the department since its formation in 1945. Following his graduation from Acadia University, her served with the Halifax Chronicle, the Canadian Press and the Financial Post and received his M.A. in economics from the University of Toronto in 1934.

MRS. MARY FULLMER beams with pride as she hugs her boy, the new middleweight champion Gene Fullmer, outside his dressing room in Madison Square Gardens, following the fight in which Gene lifted the title from Ray Robinson.



JACKIE ROBINSON shocked the baseball world recently when he announced his retirement from baseball "forever". The former star third baseman of the Brooklyn Dodgers, shown leaning on World Series bats in souvenir-filled den at his Stamford, Conn., home, kept story secret since last summer. He was recently traded to the Giants for $30,000.

RING-TAILED MONKEY UP TO TRICKS—This monkey business on skates at St. Joseph, Mo., isn't part of any circus act, but it probably ought to be. Mrs. Norma Lee Johnston's odd skating partner is Vickie Lynn, a two-year-old chimpanzee from a St. Joseph, Mo., pet shop. Vickie is taking lessons from Mrs. Johnston, a local instructor, who says the chimp is progressing faster than her human pupils of the same age.

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1 pkg. LUCKY ELEPHANT POPCORN, 10c size .....
1 pkg. MIDGET COLORED TRIMETTES .....
1 pkg. SILVER COATED TRIMETTES .....
1 only WHITE OWL CIGAR .....
2 pkgs. WRIGLEY'S GUM (Reg. 6c) .....
1 pkg. Antique small plain WRITING PADS .....
1 tin Malkin's Cinnamon, SAGE or POULTRY DRESSING ..... 9c
1 pkg. Red & White TOOTHPICKS ..... 9c
1 pkg. CHEEZIES, 10c size ..... 9c

**9¢**

1 tin Goodness Me Fancy MIXED VEGETABLES, 15-oz. .....
1 tin Mighty Mammoth Fancy Sieve PEAS, 15-oz. .....
1 tin Libby's Fancy TOMATO JUICE, 20-oz. .....
1 pkg. KELLOGG'S ALL BRAN, 10-oz. .....
1 tin SUN-RYPE APPLE SAUCE, 15-oz. .....
1 kit Malkin's Food Color Kits, (4 assorted colors and eye dropper) ..... 19c
1 pkg. Monarch Short PEARL RICE, 16-oz. ..... 19c
4 pkgs. ROYAL FAST YEAST, ..... 19c
1 only WEST LIGHT BULB, sizes 25-40-60-100 Watt ..... 19c

**19c**

2 tins S. Pack choice DICED BEETS, 15-oz. .....
2 tins S. Pack choice DICED CARROTS, 15-oz. .....
1 pkg. KELLOGG'S "K" PAK CEREAL, 7-oz., (New Vitamin Enriched) .....
1 tin Sun-Rype APPLE or PLUM PIE FILLER, 20-oz. .....
1 jar RAYMORE DILL PICKLES, 16-oz. .....
3 Boxes Red & White MATCHES ..... 29c
1 pkg. KELLOGG'S RICE KRISPIES, 9½-oz. ..... 29c

**29c**

1 tin MAGIC BAKING POWDER, 16-oz. .....
2 only EVEREADY FLASHLIGHT BATTERIES .....
1 tin Libby's SLICED PINEAPPLE, 20-oz. .....
1 tin Allen's Vitamized APPLE JUICE, 48-oz. .....
1 tin Libby's PINEAPPLE JUICE, 48-oz. .....
1 tin Malkin's Unsweetened GRAPEFRUIT JUICE, 48-oz. ....
2 tins Hunt's U.S. TOMATOES, 15-oz. ..... 39c
4 tins BRUNSWICK SARDINES, ..... 39c
1 tin Gold Seal SOLID TUNA, 7-oz. ..... 39c

**39c**

2 tins Hunt's FRUIT COCKTAIL, 15-oz. .....
2 tins Red & White Choice BARTLETT PEARS, 15-oz. .....
3 tins Red & White Choice CREAM CORN, 15-oz. .....
3 tins Red & White Choice No. 5 PEAS, 15-oz. .....
3 tins HUNT'S FANCY SPINACH, 15-oz. .....
3 tins Red & White MILK, Talls .....
1 pkg. AUSTRALIAN RAISINS, 2 lbs. ..... 49c
1 bag Prairie Maid WHEAT PUFFS, 45 pint ..... 49c
1 pkg. Gillette RAZOR BLADES, 10's ..... 49c

**49c**

1 Box Splendor Marcaroni, Spaghetti or Vermicelli, 5 lbs. ....
1 tin Johnson's PASTE WAX, 1 lb. (plus 1/3 free extra) ....
2 pkgs. SCOTTIES FACIAL TISSUE, 400 sheets .....
2 Bottles LIBBY'S TOMATO CATSUP, 13-oz. .....
1 jar Chase & Sanborn INSTANT COFFEE, 2-oz. .....
2 tins Malkin's BING CHERRIES, 15-oz. .....
1 Box DODD'S KIDNEY PILLS, ..... 59c

**59c**

4 tins Red & White Choice Cut GREEN BEANS, 15-oz. .....
2 pkgs. KELLOGG'S CORN FLAKES, 16-oz. .....
1 tin Red & White PURE PLUM JAM, 48-oz. .....
1 Bottle LISTERINE, 7-oz. .....
1 Bottle JOHNSON'S PRIDE POLISH, 8-oz., (With Free Towel Holder) .....

**69c**

5 tins PURITAN MEAT SPREADS, 3-oz. .....
6 tins Red & White TOMATO SOUP, 10-oz. .....
1 pkg. FAB with Guest Towel, Giant .....
1 Bottle ASPIRINS, 100's .....
6 tins Red & White VEGETABLE SOUP, 10-oz. .....

**79c**

4 tins Red & White CHOICE PEACHES, 15-oz. .....
1 lb. BETTER BUY COFFEE, Bag .....
5 tins Red & White CHOICE PLUMS, 15-oz. .....
6 tins Red & White PORK and BEANS, 15-oz. .....
1 tin JOHNSON'S STRIDE WAX, (20% free bonus tin), Pints .....

**89c**

3 lbs. SUNBRITE MARGARINE, 1 lb. .....
1 tin Red & White PEANUT BUTTER, 48-oz. .....
1 tin RED & White PLUM JAM, 24-oz. and
1 tin Red & White RASPBERRY JAM, 24-oz., BOTH FOR ....
3 pkgs. KLEENEX, 400 sheets to box, (White, Yellow or Pink) .....
1 Jar McLaren's Stuffed Manz. OLIVES, 16-oz. (tall jar - place pack) 99c

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BANANAS— Golden ripe, lb. ..... **23c**

PINK GRAPEFRUIT — 96's Your morning appetizer ..... **2 for 19c**

ALTA. CARROTS— 3-lb. poly. bag pkg. ..... **29c**

LETTUCE—California, firm and crisp ..... 2 heads 49c

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## Church Notices

ANGLICAN CHURCH OF CANADA
St. Peter's Mission

Friday, February 1, 8 p.m. Evensong, Christ Church, Wandering River.

Saturday, Feb. 2, 9:30 a.m. Feast of the Purification, St. Andrew's Lac la Biche. Holy Eucharist with Instruction.

Sunday, Feb. 3, Epiphany IV, 11 a.m. Holy Communion, St. Andrew's, Lac la Biche. 3 p.m. Evensong. Rich Lake School.

Priest-in-charge: The Rev. R. S. H. Greene, Phone 12, Lac la Biche.

## Atmore

Max Stanchfield, who is employed in a garage at Stettler, visited his parents' home last week-end.

On Tuesday, Jan. 23, Terry Shank celebrated his 10th birthday. Many young friends gathered at the Shank home in the evening to participate in merriment and delectable food.

Rev. B. and Mrs. Hart and Mr. and Mrs. W. Campbell and family were recent dinner guests at the Jimmy Campbell home.

## Goose Lake

A number of district residents attended the dance at Rich Lake last Friday.

Mrs. John Bergheim has recovered from her illness.

John Bergheim and Mr. Robert spent the weekend at home.

### Card of Thanks

A very special thank you to all residents of Lac la Biche and district for their kind expressions of sympathy in the loss of our dear husband and son, Ergelle Cadieux. Also many thanks to all who gave flowers and Mass Cards. We also wish to thank the personnel of Lakeview Mortuary for their fine service.

Loving wife, Mary and son, Wayne and parents,
Mr. and Mrs. Esdras Cadieux

Grammar is in the process of growth but some folks are trying to overdo the process.

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## H.S.A. Notes

SPRUCE VALLEY — The Grassland HSA held its second meeting on Wednesday, Jan. 16, at the Grassland School.

Discussion about the Hobbema Reserve Indians was led by HSA president, Mr. Jenkins, who explained that 103 members of the reserve face eviction within the next few weeks. Mr. Jenkins explained that they have lived all their lives on the reserve and are unprepared to sustain themselves in other surroundings.

The grounds for eviction, said Mr. Jenkins, are that the ancestors of these Indians signed a document, known as scrip, declaring themselves to be half-breeds.

A motion was passed that the HSA members sign a petition that the rights of the Indians be safeguarded. Miss E. Koltowski circulated the petition among members.

Library discussions were led by the library convener, Steve Chodan. It has been decided to build a public library under the name "Grassland Home and School Library."

D. Corse operated the movie projector and the members viewed the films on meeting the needs of adolescents, adolescence as the age of turmoil and social-sex attitudes in adolescence.

During the meeting, 33 new members signed, bringing Grassland HSA enrollment to a total of 94.

Lunch completed the evening.

The buyer who always hunts a bargain fails to realize that he gets just what he pays for, or a little bit less.

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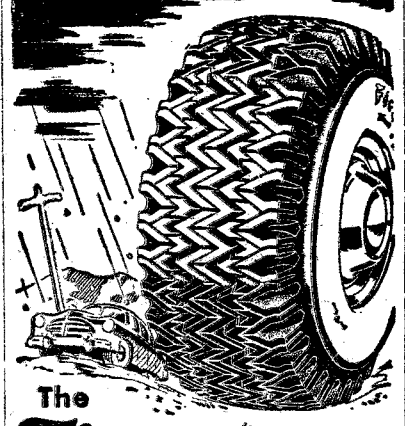

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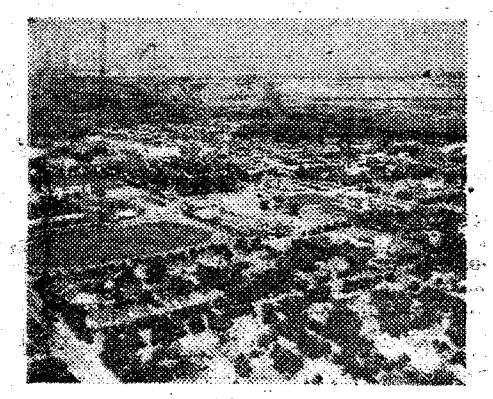
YOUR ALBERTA

THERE ARE ALL SORTS of services offered by your provincial government that are not common knowledge among the people for whom they are intended. For example, the government is in the annuity business, with a branch of the provincial treasurer's department handling their sale. A rate of 3½ percent is provided for, for a maximum annuity of $1,500 at age 60.

ANOTHER LITTLE KNOWN SERVICE comes from those offered by the Department of Education through its Vocational Training Division. The branch offers rehabilitation training to persons suffering from a handicap. They become self-supporting and self respecting and are thus removed from charity rolls. The department for example, has helped a widowed mother learn how to type and so become able to support her family; helped polio victims according to their capabilities; and even helped a person lacking self confidence to regain it, and be able to hold a job and maintain her place in society.



Lethbridge,

THE ISAAC WALTONS of the province are inspecting their lines and lures just about now, impatient at winter's tardiness in departing. A branch of the government, the Fisheries Branch of the department of Lands and Forests, is also busy preparing for the preparing fishermen. Computations are under way estimating the number of young fish that will be needed in the regular restocking program, and the places old and new, in which they may be placed to provide greater sport for the fishermen.

TALKING OF FISHING, don't forget the importance of that sport in the tourist industry. And the importance of all other aspects of your government's activities, in encouraging people to visit here and return again year after year. That's an important reason why the government assists in training restaurant help to aid in making a good impression on resident and visitor alike. It's done through the Institute of Technology and Art in Calgary.

MOTORISTS using the province's highways will soon see new types of signs along the roads' edges. They will be signs identifying towns and places, and there will also be smaller name signs and highway marker signs. More colorful than the present name plates, they will be reflective and show well at night as well as during the daytime.

WITH ALL THE HOUSEBUILDING going on in Alberta, there is considerable appreciation by those involved in changing land ownership for the system of land registration there is in Alberta. The Land Titles Offices, part of the Attorney General's Department, operate under what is known as the "Torrens system of land registration". This system stipulates that no ownership of land is considered to be legal until it is recorded at the Land Titles Office, and once it is so registered, no one else may dispute it; saving much in lawsuits and other difficulties.

THE EFFORTS OF the Alberta Government Telephones to switch all phone services in the province to the new dial system is continuing apace. Fort Saskatchewan is the most recent community to make the change over. It takes much time and planning to make the change and to order equipment far enough ahead to have delivery when material is needed. In time, all the telephones will be on a dial system, with numbers of a type that will permit them to be linked with the international trunk system.

BE SEEING YOU SOON!

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